

WHEREAS; gout is a chronic disease caused by uric acid build-up in blood, joints, and tissues and is characterized by sudden and excruciating painful flares; and

WHEREAS; research suggests gout affects millions of people in the United States, with most diagnoses being among older adults and men; and

WHEREAS; symptoms of gout often include intense joint pain, lingering discomfort, inflammation and redness, and limited range of motion, and while gout is typically not fatal, it can increase the risk of potentially life-threatening conditions, such as cardiovascular disease; and

WHEREAS; lifestyle changes, including healthy eating, increased physical activity, limited alcohol consumption, weight loss, and minimizing the amount of stress placed on the kidneys, can be helpful in reducing the risk of developing gout; and

WHEREAS; while gout can occur in anyone, members of historically underserved communities, and Black patients in particular, are more likely to develop gout than white patients and often face systemic barriers to receiving quality care and access to necessary treatments and prescriptions, which can result in permanent joint damage, kidney stones, infections, and even kidney failure; and

WHEREAS; today, the state of Wisconsin joins affected individuals and their families, along with dedicated medical professionals, advocates, and organizations across the state and country, in raising public awareness of gout to reduce the stigma and empower patients to seek quality care and timely treatment;

NOW, THEREFORE, I, Tony Evers, Governor of the State of Wisconsin,
do hereby proclaim May 22 2026 as

GOUT AWARENESS DAY

throughout the State of Wisconsin and I commend this observance
to all our state’s residents.

IN TESTIMONY WHEREOF, I have hereunto set my hand and caused the Great Seal of the State of Wisconsin to be affixed. Done at the Capitol in the City of Madison this 8th day of May 2026.

TONY EVERS, Governor

By the Governor:

SARAH GODLEWSKI, Secretary of State